

# Beach Camp packing list



\* All camping items and clothes must be packed into one duffle bag (except chair)

\* Label all items with your name

\* Day pack to go in the car with you - include dinner and water bottle

Got?	Category	Item
	Bedding	Sleeping bag
		Sleeping bag liner (optional)
		Sleeping mat
		Pillow (optional)
	Cooking	Gas cooker and matches
		Billy
		Plate / bowl
		Cup/mug (optional)
		Cutlery
		Teatowel
	Clothing	Camping t-shirt x 2
		Shorts x 2
		Long pants (hiking pants or leggings) x 1
		Jumper/jacket x 1
		Hat / cap
		Rain jacket
		Underwear
		Socks
		Runners
		Thongs (for showers, around camp)
		Water shoes / old runners / Crocs
		Bathers / rashie / board shorts
		Pyjamas / clothes for sleeping in

Got?	Category	Item
	Toiletries	Towel for showering
		Beach towel
		Toothbrush and toothpaste
		Soap
		Shampoo and conditioner
		Sunscreen and lip balm
		Hand sanitiser
		Deoderant
		Comb / brush
		Insect repellent
		Any medication needed
	Other	First Aid kit
		Torch and spare batteries
		Watch (cheap but functional)
		Water bottle (1L minimum)
		Day pack
		Mask and snorkel (optional)
		Pool noodle (optional)
		Chair
		Plastic bags for wet clothes
		Sunglasses
	Food	Breakfast x 2
		Lunch x 2 (no cooking possible on Sunday)
		Dinner x 2 (Friday night - eat in car on way)
		Snacks